

A Deep Dive into
Personal Space

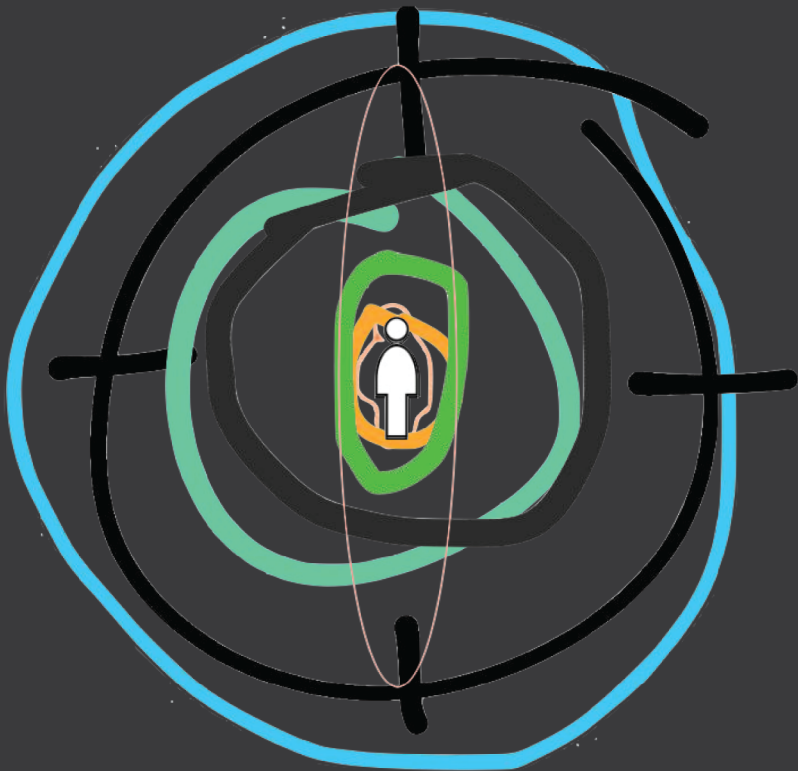
A visualisation experiment on how men and women
perceive personal space in public places

Mengenal lebih tentang
Jarak Pribadi

Eksperimen Visualisasi untuk mengetahui seberapa jarak yang
dibutuhkan antar pria dan wanita di tempat umum

A Study in Contrast

Studi Kontrastif



Personal
Jarak

Space
Pribadi

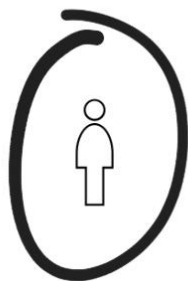
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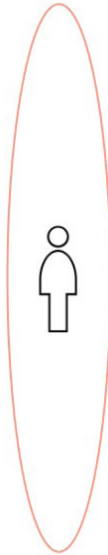
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Men

Pria







I don't like it when people are in front or behind me, but I'm ok with people beside me. That's why I like to stand on the right side of escalator.



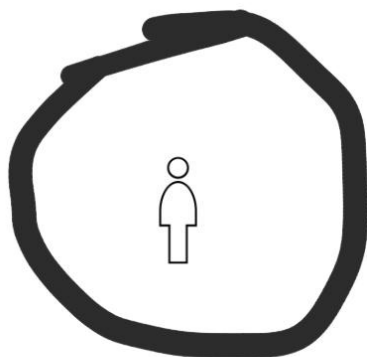


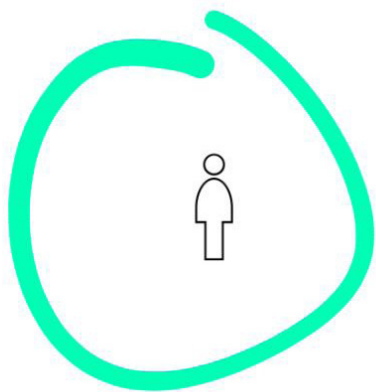
be in the corner*

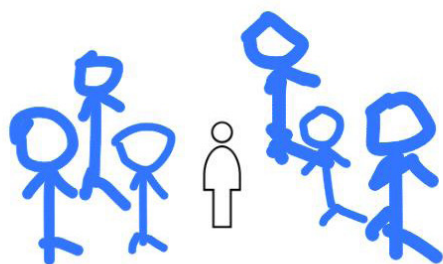


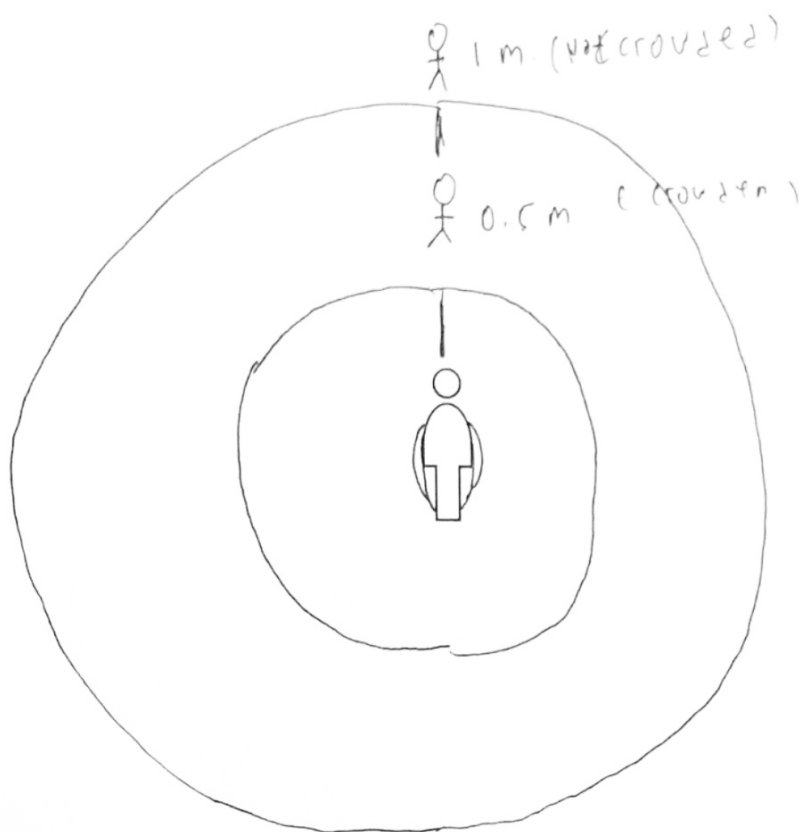
i dont rllly need much space to feel safe hehe

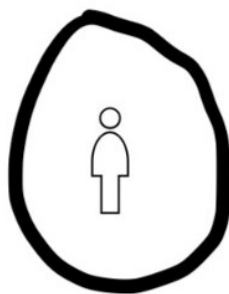


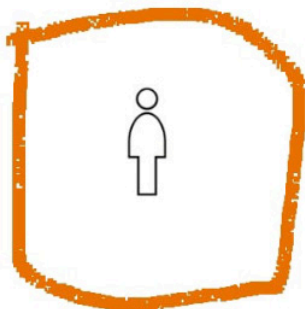


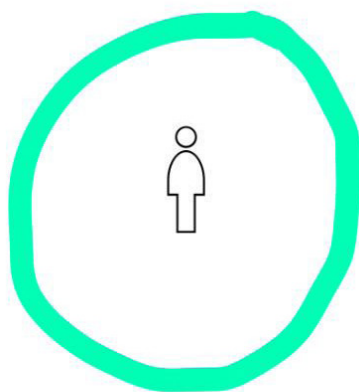


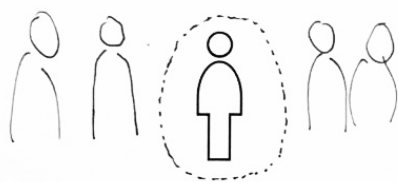












- Learn self defence
- Be vigilant (always look around your surrounding)
- Avoid dark areas and try to find crowds
- Don't wear luxury items

**Ignore others and
give false info**

I chuckle in disgust when I feel weirded out.
But I feel is the duty of others to be mindful,
not my duty to protect myself.

pepper spray

Be aware of my
surroundings and be
ready for unwanted
situations and keep
my eyes on
everything but not to
ketauan atau serem
so people don't
expect me to do bad
things instead

Never really crossed my mind that I need to
take precautions in Singapore, but if these
questions are for those living in Indonesia, I
would probably say just put your bag in front
of you, not behind. and IF I may have a gun, I
probably would

Belaga Foreigner

Mind our own
business and dont
talk to strangers

Learn basic self defense

Nothing

Usually people find me scary/ already/

wear clothes that are not appealing, go to area
where it's crowded

- Place my bag to guard my front body
- Text/Call my friend/family to tell them where I am and the threat I'm facing
- Go to a store/concierge to talk to people

Be aware of my surroundings,
look out for personal belongings
especially when it's crowded

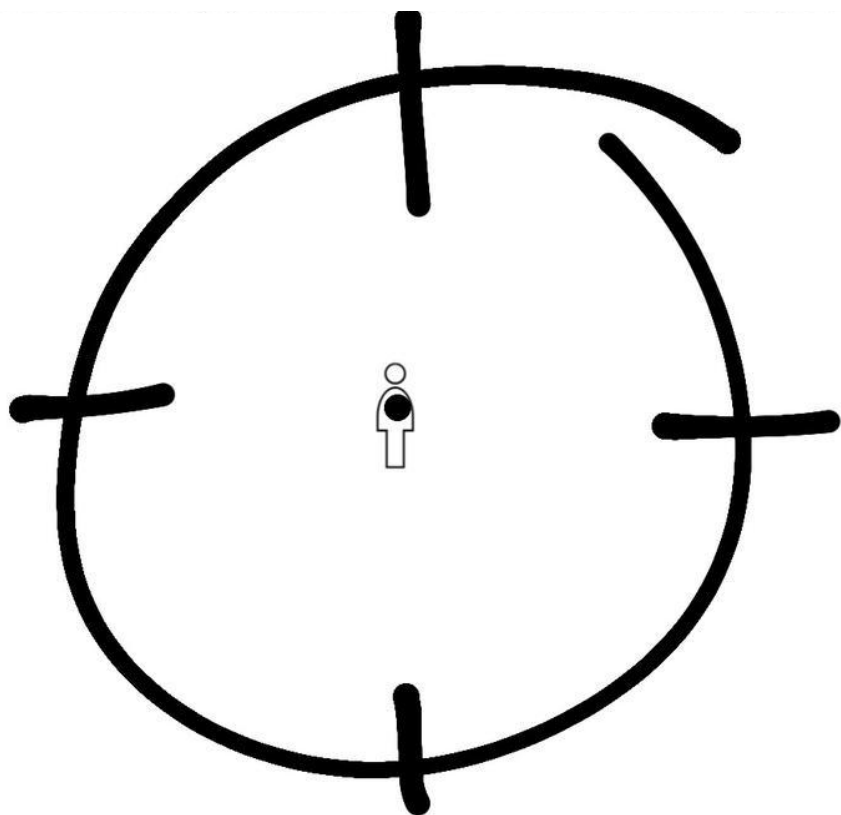
Unless it's an unavoidable situation (e.g. enclosed space in subway),
I'll keep my distance by moving away from crowded places.

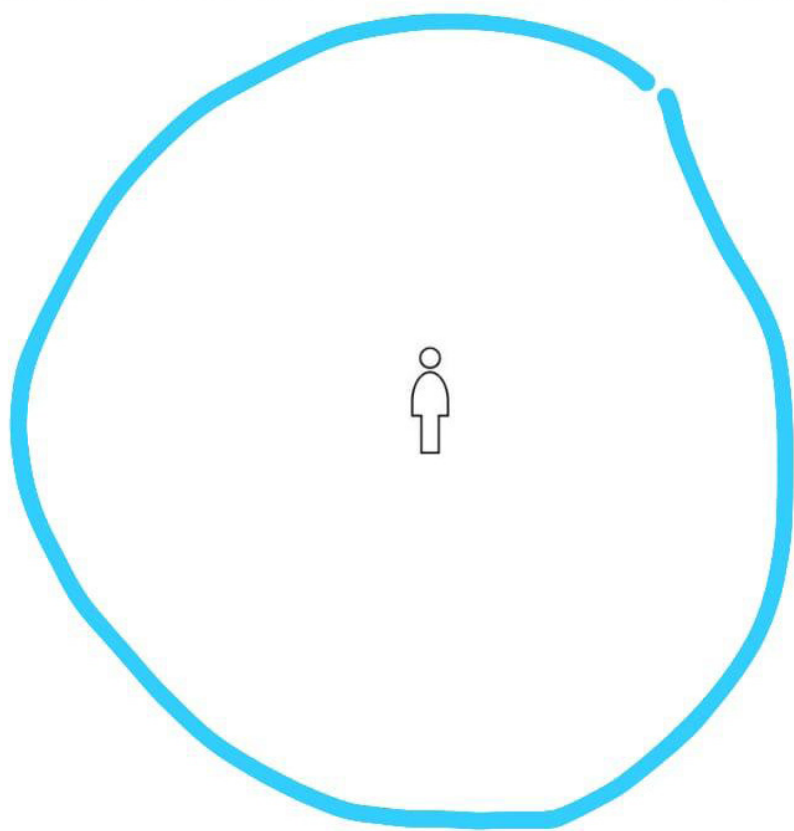
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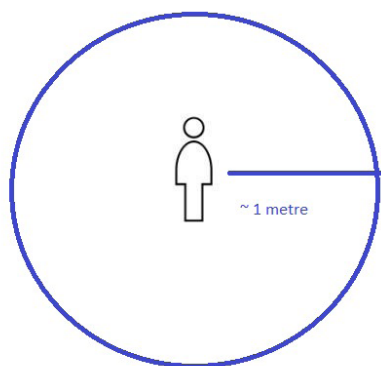
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Women

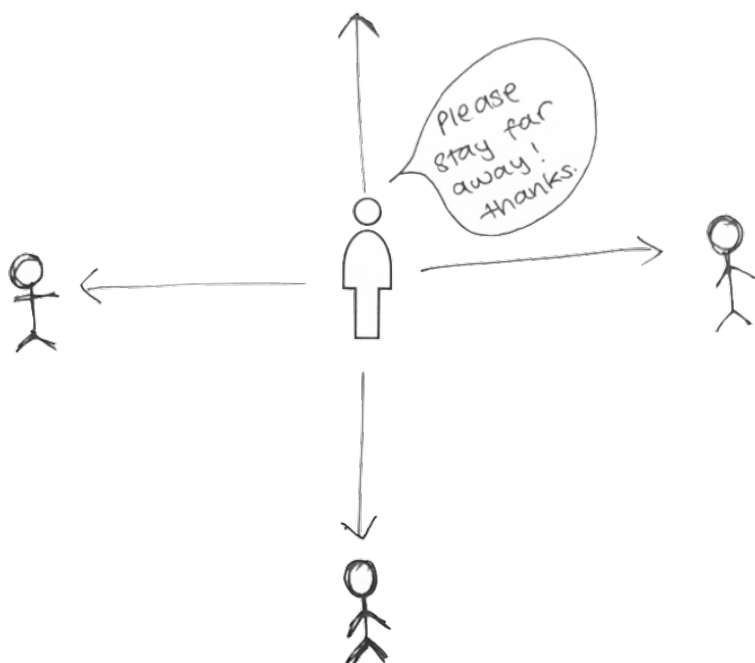
Wanita

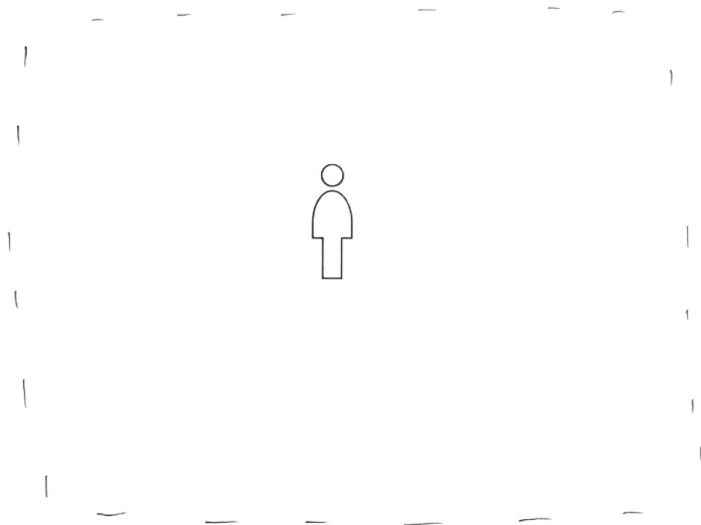


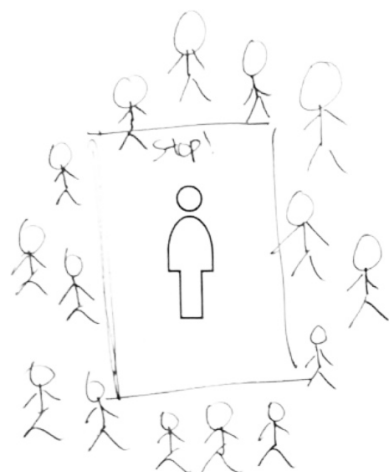


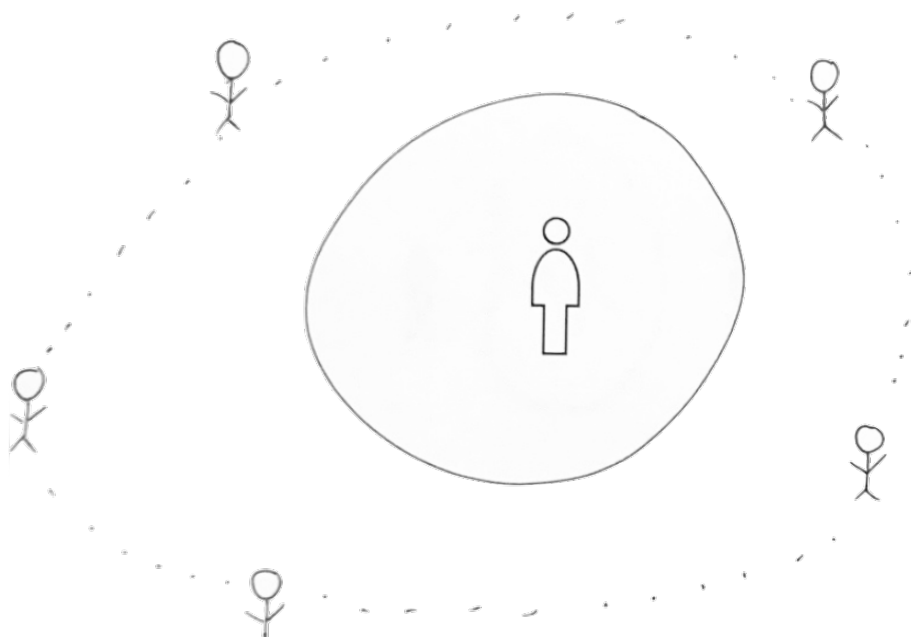


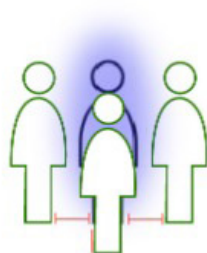


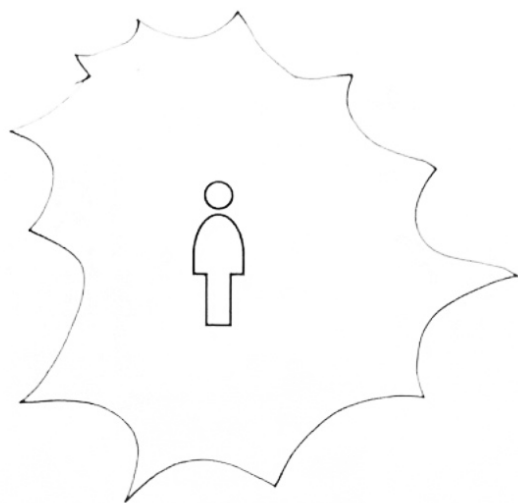


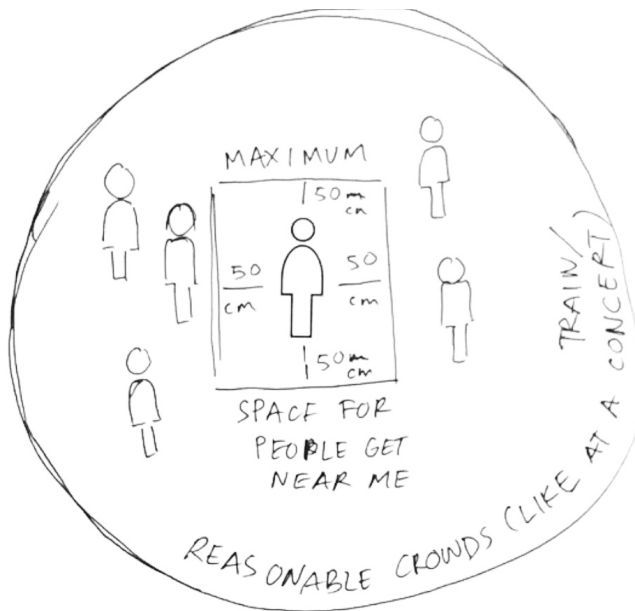








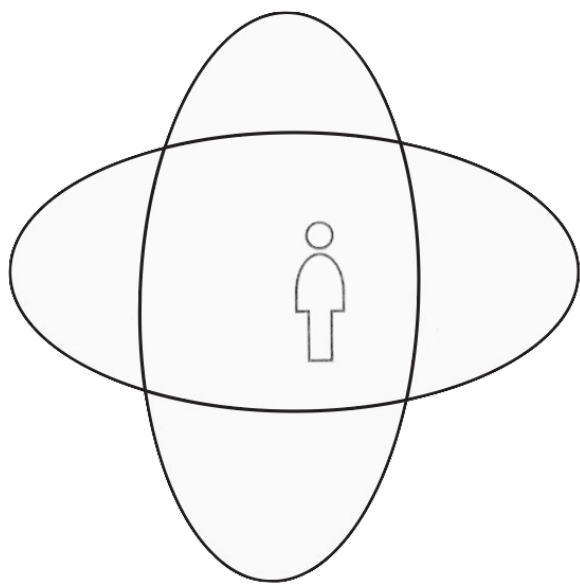


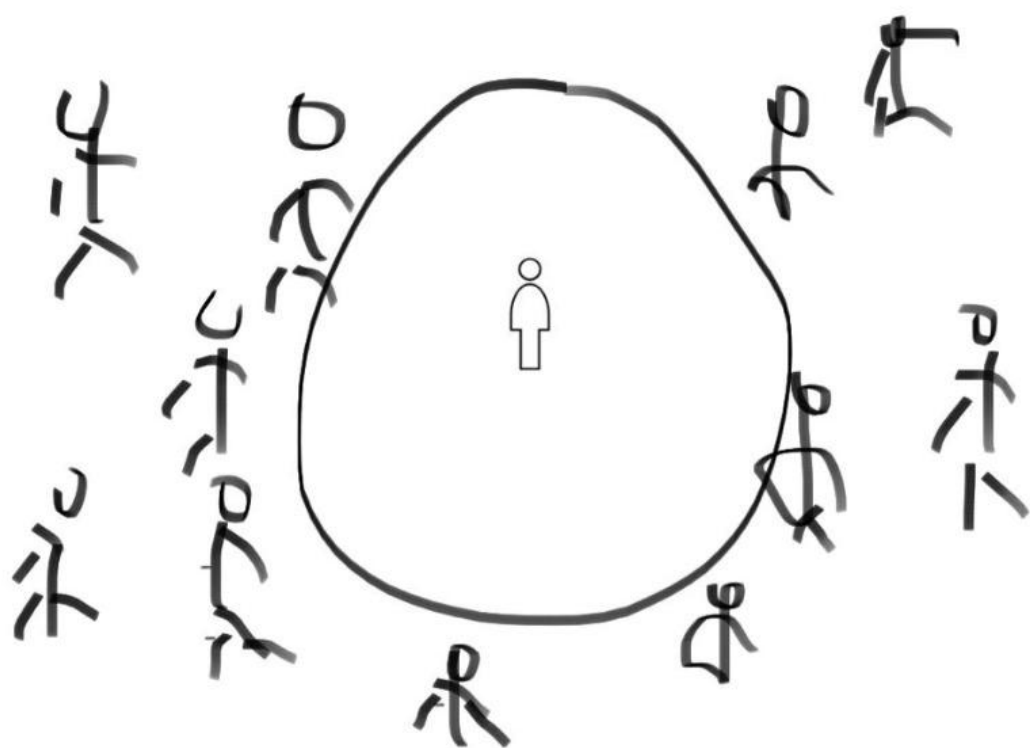


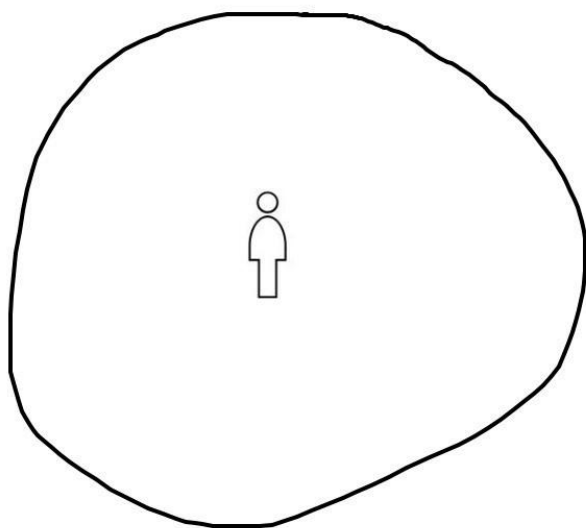
If I work

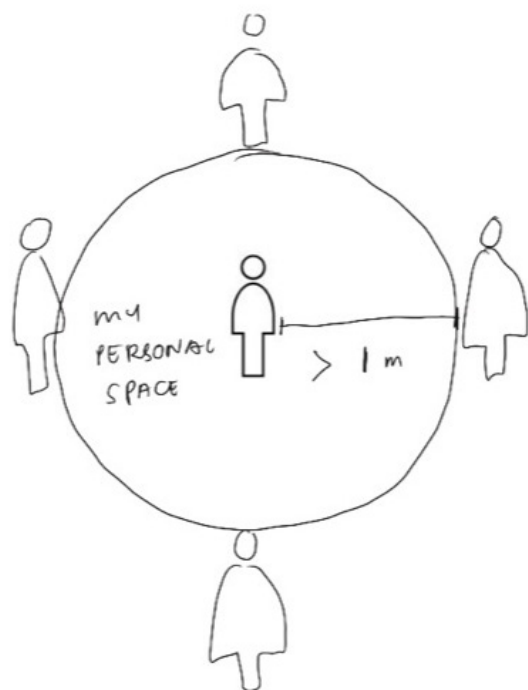
If the crowd getting tight, I'll avoid it.

Especially on public transport as the people have ZERO respect to young people/young working people.









- put my bag in front
- put my hands in my pocket with my phone and wallet

tidak keluar rumah

cover body with a bag
 at least have my phone with me to
 call someone

walk fast

maybe bring sth sharp

always wanted to bring pepper spray

- To stay alert to my surroundings (do not be too distracted with my phone, etc)
- Make sure to always be contactable. Always have some battery left in a phone.
- Be wary of strangers
- Be careful of personal belongings, especially important ones like one's wallet

- Scream, I have a very loud scream
- membawa barang tajam
- menolong orang.
- kabur → Lari / Jalan cepat.

- ① Prepare umbrella on hand
- ② Turn on your camera (phone)
- ③ Call your friends / family member

wear covered ~~close~~^{clothes} / dress accordingly (sesuai dengan tempat)
carry a small sharp things / sprays

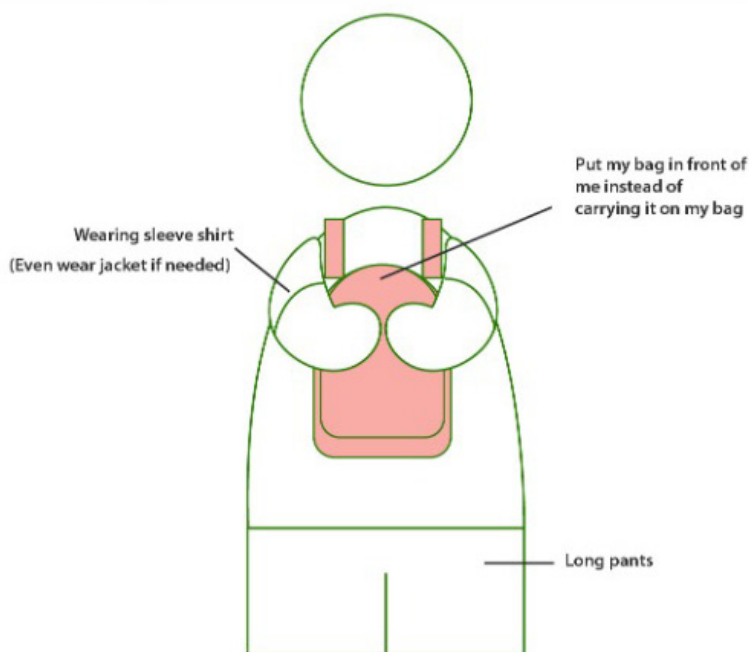
small scissors sharp ~~instruments~~ accessories. keys.

wear ~~no~~ face mask

(avoiding my face getting identify)

put on my mean face & try to ignore anything around me
(if somebody catcalling, i will not even try to find
the person)

holding my almost always full water bottle on my left hand instead putting it on my bag so I can always be ready to whack someone out (if necessary)



- pakai baju tertutup
- pegang tas, tas bukan tote bag yg terbuka
- belajar self defence
- tidak pakai perhiasan emas
- ———— barang branded

gue biasanya bawa pepper spray beli di shoppe sama teriak
kali ya??

- Taro tas ransel didepan.
- Hand sanitizer spray
- Belajar karate.
- Menghafal cara bela diri dari internet
- Jalan cepat.

→ ESPECIALLY

1. WHEN GOING OUT @ NIGHT, I ALWAYS LOOK AROUND & TAKE NOTICE OF MY SURROUNDINGS.
2. ALWAYS HOLD MY BELONGINGS CLOSE TO ME
3. I TRY NOT TO STAY IN THE SHADES / SHADOWS
4. WALK QUICKER / WALK LIKE YOU KNOW WHERE YOU'RE GOING WHEN YOU'RE IN AN UNFAMILIAR PLACE
5. WHEN MEETING FRIENDS (OR OTHERS), I TOLD THEM ABOUT MY WHEREABOUTS (OTW / IN THE TAXI OR MRT / NEARLY THERE)

i dont touch people, i avoid having to bump into people

i also tend to stay away from suspicious areas

**huddle my bag & be cautious of people?
sering liat kanan kiri & if someone is sus. I
prefer juga kalo berdiri di pojokan and not
in the middle**

**What
you**

patterns

**did
notice?**

Pola
dapat

apa
dan

yang

Anda
Perhatikan?

How do you account for the differences?

Bagaimana
menerapkan

Anda
perbedaannya?

This social experiment was conducted both offline and online to 30 local participants; 15 Men and 15 Women who have previously taken the KRL Commuter Line in Jakarta as a response to UN Women's Indonesia recent statement: the majority of women expressed a certain extent of anxiety when taking public transportation (After Dark Audit).

This study aims to expose the severity and dangers of women in public spaces by asking locals to draw their desired personal space, with the second question 'What precautions do you take in public to protect yourself from potential threats or harm?' to support their claim.

1. Draw your desired personal space, your own margin of safety when situated in crowded public areas.

Gambarkan batas keamanan yang anda butuhkan untuk diri sendiri saat berada di area publik yang ramai.



2. What precautions do you take in public to protect yourself from potential threats or harm?

Tindakan pencegahan apa yang Anda lakukan di depan umum untuk melindungi diri Anda dari potensi ancaman atau bahaya?

A neuroscientist and author of the book *The Spaces Between Us*, Michael Graziano, studied the scientific correlation between personal space and social behaviour. He stated that when we are situated in public spaces, we each have our peripersonal space, known as the defensive margin or safety formed by the human brain and that the margin does expand with anxiety.

In a scientific manner, the network in our brain and cortex have buffer zones, they coordinate the message to our movements and reactions, and they provide the margin of safety if any threat is coming towards us. This system works so smoothly that people don't usually realize it. It sends the buffer signal around the body resulting in what we call as personal space.

Graziano also brought to light that women have a smaller personal space when approached by men. Women experience a sense of discomfort as an instant reflex from the situation. When a man stands too close to a woman's body with their arms, walking fast, looking down at her, it happens to women in the KRL Commuter Line.

ain, the human cerebral
e unconscious, hidden
computing and enlarging
owards us. The mechanism
notice it, thus the brain
ulting in this "second skin"

ave an especially large
Where one will show signs
tuation by **shielding the**
own, etc, which usually
ine due to peak hours.

The most prominent finding from this experience is that women need their personal space. However, the heightened sense of personal space and protection from sexual harassment, especially in the Commuter, is an unsafe space for women, driving fear that could

ment is that yes, both men and
women have an exceptionally
cautions due to their vulnerability
Commuter Line where it has become an
urtails many women's mobility.

What you can do when you see a woman showing signs of discomfort to respect her personal space in public:

Take one step backwards,

If crowded, turn the other side, or look away,

Cross your arms, or put your hand in your pocket when standing beside a woman in the train to give more space.

